



Consent Form to Attend Confidential One to One Guidance/Counselling Sessions 2025/26

The whole-school guidance programme in this school aims to provide a safe environment for each student to grow and to develop their personal, social, careers, educational and life choices. Where appropriate, guidance counsellor(s) provide a confidential one-to-one guidance counselling service to students. In this context the guidance counsellor may discuss a range of careers, educational, personal and/or social development issues. There will also be a Psychotherapist here in the school one day per week.

If your daughter wishes to meet the guidance counsellor or Psychotherapist on a one-to-one basis at any stage throughout their time in the school, whether it be in person or remotely (when distance learning is advised), your permission is required.

In addition, our **Whole School Guidance Plan** is accessible at:
www.loretoabbeydalkey.com/about-us/school-policies

Our school policy on confidentiality is informed, among others, by the General Data Protection Regulations (GDPR), the Children First Guidelines (2017) and the DES Continuity of Guidance Counselling Document - Guidelines for schools providing online support for students (2020).

To be completed by parent/guardian and returned for attention of the school Principal.

Name of Student: _____

Year: _____

Name of Parent/Guardian: _____

I give my permission for _____ to meet with the school Guidance Counsellor(s) or Psychotherapist on a one to-one basis in keeping with the School's mission of support for students and in the context of the School's whole school guidance programme.

Signature of Parent/Guardian: _____

Date: _____